

Proud to be a member of the Association of Mental Health First Aiders









Youth Mental Health First Aid Refresher Training Course



Click here for booking form

As an MHFAider [®] you will need to take the MHFA
Refresher course every three years to ensure your continued membership of the Association of Mental Health First Aiders [®] which provides ongoing development and support plus confidence to fulfil your role.



Contact us **07908616149**



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21st January 2025

Choose the date to suit in the booking form

12th February 2025

Times: 09.15 AM - 13:30 PM

6th March 2025

All Online - Zoom platform

You will receive a new workbook, lanyard and new crisis card plus support and benefits with the APP as well as free membership to the Association of Mental Health First Aiders